



ALL MY RELATIONS CONSTELLATIONS

2019 Family Constellation, Community, Organizational & Nature Constellation Facilitator Training & Personal Deepening with Francesca Mason Boring

Blueberry Gardens Center for Yoga, Growth & Healing, 237 Ashton Road, Ashton, MD

If you have been drawn to learn how individuals can heal deep patterns that prevent them from overcoming relationship difficulties, reaching their dreams, realizing their goals, and expressing their values, this training is for you.

***Learn how to become
a family constellation and human systems constellation facilitator.***

For personal deepening and professional as well as career potential, this program is organized to minimize impact on those who are regularly employed and to foster individuals capable of facilitating this work throughout the area. When you learn this method, you will have unique abilities and be valuable in many settings. Start a new career, enrich your current work, or enroll to enhance your well-being and the overall quality of your life.

Constellation Work brings energy and respect to organizations and restores love and respect in families. Constellations move you rapidly along your personal transformative journey as you are learning how to facilitate trans-generational healing and to create supportive dynamics in communities and organizations. Constellation is a unique and powerful and yet respectful method for working with personal and professional issues.

Program Facilitation

Francesca Mason Boring, Trainer, Family Constellation Facilitator, and author an enrolled Western Shoshone, bi-cultural woman, is one of the most experienced facilitators of Family & Systems Constellation in North America. Informed by the work of many of the early Masters in Family Systems Constellation, as well as her own indigenous elders, Mason-Boring has been a key figure in the development of the integration of ceremony and ritual in constellation work as well as the inclusion of nature in facilitation and utilizing systems constellation to gain insight, respect and understanding of nature and environmental issues. Her writing and developments in systemic constellation has also expanded the application of the work into social systems as well as family systems.

Facilitating and teaching in the United States, Germany, Australia, Singapore, Holland, Switzerland, Italy, South Africa, Bulgaria, Mexico and Canada; her abilities and respect in the indigenous knowing field have contributed to the development of Constellation as Ceremony, Community Constellations and Nature and Environmental Constellations.

Rani George, 2019 Training Coordinator, was born in Kerala, India. Her family left their homeland when she was 2 years old and made a home in the D.C. area, drawing deeply of both cultures. Rani has completed a two-year Family Constellation Facilitator Training program and additional training with numerous masters in the field; she offers one-on-one sessions and group facilitation. Completing the year-long course, *Companioning the Dying: Opening Fully to Living*, was a transformative experience and Rani now serves as a peer mentor for that program. Her commitment to bring gentle presence to those in end of life transition has led her to be part of a pilot program bringing complementary therapies to Montgomery Hospice. She serves as the Reiki teacher and mentor for that program.

Rani began utilizing energy therapy 24 years ago while training in homeopathy. A long time meditator, Rani is a Reiki Master Teacher and trained in Pranic Healing, Healing Touch, Shiatsu, Reflexology, Cranio-Sacral Therapy, and yoga therapy. This lifelong learner is also a mantra meditation teacher and group leader, certified through Svaroopaa Vidya Ashram.

COURSE FOCUS

This Training/Personal Deepening has two clear intentions:

1. Expose participants to as many different aspects of constellation as time allows. This may include, but is not limited to:

- Constellation as Ceremony/Phenomenology
- Family Constellation
- Tribal Constellations
- Nature/Environmental Constellations
- Constellations in Individual Work
- Organizational Constellation
- Shoe Constellations
- Constellation as Meditation & Visualization
- Full and Partial Blind Constellations
- Ritual/Ceremony as Constellation and To Support Constellations
- Circle Technology & Universal Indigenous Technology
- Community Constellations
- Tetra Lemma and Other Deeply Structural Constellations
- Duality Constellation
- Chaos Constellation
- Literature & Resources for ongoing facilitator development

2. The second intention is that facilitators & individuals who have chosen this forum would have the opportunity to have personal constellation work done to identify and resolve blind spots which would hinder their ability as a facilitator and have opportunity to find the support (via constellations and the Circle) to remove barriers which prevent them from fully enjoying a deep sense of well-being and success in life.

PROGRAM STRUCTURE

This is a professional level training, offered in the D.C. area by All My Relations Constellations and is taught in 7 three-day segments for a total of 21 days. In addition, there will be workshop opportunities with other facilitators who offer public programs.

The program utilizes constellations, circle technology, brief presentations, group discussions, experiential learning, structured exercises, video study, texts and skill practice sessions. There will be hands-on constellation skill development and a thorough grounding in Constellation as Ceremony and the Hellinger method, the wisdom of the indigenous knowing field, respect for the client and for the field.

Students must complete a minimum of 6 training segments to obtain a certificate of completion.

PROGRAM INFORMATION AND DATES

COURSE OBJECTIVES:

Foundation of Constellation Work

Classes and workshops are conducted in circle. Trainees will become familiar with the principles of systemic constellation, setting up constellations, attunement to the knowing field, the function of the circle and chair, the roles of the Facilitator, Observer and Representative, the practice of phenomenology as well as the nature and implications of systems.

Deepening the Practice of Constellation Work

Students will experience and learn the functions of ceremony and ritual, constellations as movement of the soul, the Orders of Love, the principles of entanglement and interrupted reaching out, engaging and respecting the indigenous knowing field as well as other fields, eliciting feedback, posing questions, the use of healing sentences in constellations, life and work.

Circle Technology

This training is unique in its structural approach being based in indigenous Circle Technology. Each participant is held in the Circle as a teacher and a healer. The emergence of a collective voice and the opportunity for trainees to learn to listen at a level uncommon in a more western approach has produced some of the most active and innovative facilitators in the field of Family and Human Systems Constellation. This is a Circle in which participants find their voice, and with the support of their ancestors return to their communities and profession restored and equipped to contribute.

The Art of Constellation Work

Facilitator Trainees will explore the application of constellations in families, community situations, in businesses and in organization. Trainees will also explore the use of structural constellation methods. The focus will be on demonstrating, discussing and synthesizing the practice of systemic constellation work, and how to initiate transformation and healing in terms of a broad range of family, organizational and community contexts.

TRAINING DATES: These dates are tentative and subject to change

March 22-24, 2019	Introduction to the Knowing Field, Family Constellation, Constellation as Ceremony, personal work, structures of family systems,
April 19-21, 2019	Deepening awareness of structures and fields with Family Constellation and Personal Work experiencing the field
May 24-26, 2019	Organizational Constellation Principles and Personal Work
June 21-23, 2019	Nature Constellation Principles and Practices and Personal Work
July 19-21, 2019	Further deepening of awareness of structures and fields with Family Constellation and Personal Work
August 9-11, 2019	Community and Family Constellation and Individual Approach
Sept. 27-29, 2019	Facilitating Family Systems Constellation

Note: Dates are subject to change; to register, or be notified of changes provide telephone and email contact to: **Rani George** circlefolks4@aol.com phone: 202-255-8602

Course tuition: A nonrefundable deposit of \$200 is required to hold a space in the program. The cost is \$3,200 For payment plans, please contact us. Class size is limited, so early registration is suggested. Certificate is available. Registration fee is \$3,000.00 if paid in full before February 1, 2019.

Location: Blueberry Gardens Center For Yoga, Growth & Healing, 237 Ashton Rd., Ashton MD

Enrollment and Information

Register early. Space is limited.

To enroll for the 2019 Constellation Facilitator Training, and for more information, contact:

Rani George: circlefolks4@aol.com Phone:202-255-8602

For more information on Francesca Mason Boring: www.allmyrelationsconstellations.com

