



Embracing the Strength of an Open Heart

With Family & Systems Constellation

Francesca Mason Boring, All My Relations Constellations

Portland, Oregon ☼ August 10-11, 2024

In your life and relationships have you felt stuck, blocked, excluded, bitter, anxious or isolated?

In the safety of the Circle, with the support of our ancestors, this in-person workshop provides an opportunity for you to acknowledge hidden dynamics in the family system which may hinder your ability to soar. Family & Human Systems Constellation & Constellation as Ceremony provides context and a better view of the 'big picture'. We can feel the air under our wings when we began to have an embodied experience of a systemic perspective.

Finding our place and a sense of belonging and peace in our family, our work, and the natural world allows for the rise of a freedom to live with joy, and strength.

We do not need to carry the pain, fear, and hesitation of those who came before us. Respectfully inviting prosperity and honoring our resilience is possible and invited.

**Location: Resound NW, 1532 SW Jefferson St.,
Portland, Ore. 97201**

Time: 9AM-5PM Lunch Break 12 Noon-1:30PM

**Investment: \$275 Early Bird Rate (before 7/10)
After 7/10: \$375**

To Register Contact Sonia Farwell,

**Coordinator: sonia.garciapdx@gmail.com
(971) 400-1060**

For More information on Francesca:

www.allmyrelationsconstellations.com

