

## ALL MY RELATIONS CONSTELLATIONS



### **2025 Family Constellation, Community, Organizational & Nature Constellation Facilitator Training & Personal Deepening with Francesca Mason Boring**

**Portland, Oregon USA**

If you have been drawn to learn how individuals can heal deep patterns that prevent them from overcoming relationship difficulties, reaching their dreams, realizing their goals, and expressing their values, this training is for you.

***Learn how to become  
a family constellation and human systems constellation facilitator.***

For personal deepening and professional as well as career potential, this program is organized to minimize impact on those who are regularly employed and to foster individuals capable of facilitating this work throughout the area. When you learn this method, you will have unique abilities and be valuable in many settings. Start a new career, enrich your current work, or enroll to enhance your well-being and the overall quality of your life.

Constellation Work brings energy and respect to organizations and restores love and respect in families. Constellations move you rapidly along your personal transformative journey as you are learning how to facilitate trans-generational healing and to create supportive dynamics in communities and organizations. Constellation is a unique, powerful and respectful method for working with personal and professional issues.

#### **Program Facilitation**

**Francesca Mason Boring, Trainer, Family Constellation Facilitator**, is a bi-cultural woman, Shoshone, and enrolled with the Sho-Pai Tribes. Her contributions to the body of work regarding systems constellation include her being [author](#) of several seminal books including: the Nature Constellation Handbook: An Invitation to Connection/Remembering Nature in Systems (2022), Family Systems Constellation: In the Company of Good People (2018), Family Systems Constellations and Other Systems Constellation Adventures: A transformational journey (2015), Co-Editor of Returning to Membership in Earth Community: Systemic Constellations With Nature (2013), Connecting to Our Ancestral Past: Healing through Family Constellation, Ceremony, and Ritual (2012), Feather Medicine (2004), Coyote Dance (2005), and Botschaften aus dem indigenen Feld Rituelle Elemente und Zeremonien in systemaufstellungen (2009), and Walden door het wetende veld (2011). She has also contributed to numerous books and articles relating to systems constellation.

Francesca is one of the most experienced facilitators of Family & Systems Constellation in North America. Facilitating and teaching in the United States, Germany, Australia, Singapore, Holland, Switzerland, Italy, South Africa, Bulgaria, Bali, Mexico and Canada she has collaborated with Resources for Embodied and Ancestral Learning ([REAL Academy](#)) to provide video content for systemic practitioners; her abilities and respect for the indigenous knowing field have contributed to the development of Constellation as Ceremony, Community Constellations and Nature and Environmental Constellations.

Mason Boring is a member of the [International Systemic Constellations Association](#) (ISCA). Informed and mentored by her own indigenous elders and numerous Masters of Systems Constellation it is her joy to encourage the expansion of systems constellation work for the healing of individuals, families, communities and the Mother Earth.

***2025 Training Coordinator: Sonia Garcia Iglesias Farwell***

Sonia was born and raised in Spain. Over the years, she has lived in various countries, including Switzerland and the Netherlands. In 2013, Sonia moved to the United States and through her beloved friend Anutosh Foo became involved with Family Systems Constellation work; she developed a deep passion for the work and the community. Coordinating for Francesca over the past 6 years Sonia has supported the growth of the work and the varied needs and inquiries of participants who are drawn to these Circles.

**COURSE FOCUS**

This Training/Personal Deepening has two clear intentions:

1. Expose participants to as many different aspects of constellation as time allows. This may include, but is not limited to:

- Constellation as Ceremony/Phenomenology
- Family Constellation
- Tribal Constellations
- Nature/Environmental Constellations
- Constellations in Individual Work
- Organizational Constellation
- Shoe Constellations
- Constellation as Meditation & Visualization
- Full and Partial Blind Constellations
- Ritual/Ceremony as Constellation and To Support Constellations
- Circle Technology & Universal Indigenous Technology
- Community Constellations
- Tetra Lemma and Other Deeply Structural Constellations
- Duality Constellation
- Chaos Constellation
- Literature & Resources for ongoing facilitator development

2. The second intention is that facilitators & individuals who have chosen this forum would have the opportunity to have personal constellation work done to identify and resolve blind spots which would hinder their ability as a facilitator and have opportunity to find the support (via constellations and the Circle) to remove barriers which prevent them from fully enjoying a deep sense of well-being and success in life.

## **PROGRAM STRUCTURE**

This is a professional level training, offered in Portland by All My Relations Constellations and is taught in 7 three-day segments for a total of 21 days. In addition, there will be workshop opportunities with other facilitators who offer public programs.

The program utilizes constellations, circle technology, brief presentations, group discussions, experiential learning, structured exercises, video study, texts and skill practice sessions. There will be hands-on constellation skill development and a thorough grounding in Constellation as Ceremony and the Hellinger method, the wisdom of the indigenous knowing field, respect for the client and for the field.

Students must complete a minimum of 6 training segments to obtain a certificate of completion.

## **PROGRAM INFORMATION AND DATES**

### **COURSE OBJECTIVES:**

#### **Foundation of Constellation Work**

Classes and workshops are conducted in circle. Trainees will become familiar with the principles of systemic constellation, setting up constellations, attunement to the knowing field, the function of the circle and chair, the roles of the Facilitator, Observer and Representative, the practice of phenomenology as well as the nature and implications of systems.

#### **Deepening the Practice of Constellation Work**

Students will experience and learn the functions of ceremony and ritual, constellations as movement of the soul, the Orders of Love, the principles of entanglement and interrupted reaching out, engaging and respecting the indigenous knowing field as well as other fields, eliciting feedback, posing questions, the use of healing sentences in constellations, life and work.

#### **The Art of Constellation Work**

Facilitator Trainees will explore the application of constellations in families, community situations, in businesses and in organization. Trainees will also explore the use of structural constellation methods. The focus will be on demonstrating, discussing and synthesizing the practice of systemic constellation work, and how to initiate transformation and healing in terms of a broad range of family, organizational and community contexts.

**2025 TRAINING DATES: These dates are tentative and subject to change**

March 21,22,23	Introduction to the Knowing Field, Family Constellation, Constellation as Ceremony, personal work, structures of family systems,
April 11,12,13	Deepening awareness of structures and fields with Family Constellation and Personal Work experiencing the field
May 23,24,25	Organizational Constellation Principles and Personal Work
June 27,28,29	Nature Constellation Principles and Practices and Personal Work
August 15,16,17	Further deepening of awareness of structures and fields with Family Constellation and Personal Work
September 19,20,21	Community and Family Constellation and Individual Approach
October 17,18,19	Facilitating Family Systems Constellation

**Note:** Dates are subject to change; to register, or be notified of changes provide telephone and email contact to: Sonia [sonia@Lfarousa.com](mailto:sonia@Lfarousa.com)

**Course tuition:** A nonrefundable deposit of \$200 is required to hold a space in the program. Registration fee is \$3,000.00 if paid in full before March 1, 2025. The cost is \$3,200 after March 1, 2025. For payment plans, please contact us. Class size is limited, so early registration is suggested. Certificate is available.

**Location: TBA**

### **Enrollment and Information**

Register early. Space is limited.

To enroll for the 2025 Constellation Facilitator Training, and for more information, contact:  
Sonia: [sonia@Lfarousa.com](mailto:sonia@Lfarousa.com) 971-400-1060

For more information on Francesca Mason Boring: [www.allmyrelationsconstellations.com](http://www.allmyrelationsconstellations.com)